# BRIEF NOTE ON BASIC TRAINING FOR HEAD CONSTABLES (MINISTERIAL) OF DELHI POLICE AT POLICE TRAINING COLLEGE JHARODA KALAN NEW DELHI

### **Present Training Status:**

The Duration of Basic Training of Head Constables (Min.) are **04 months** and PTC is providing two types of training to them i.e. (1) Indoor (2) Outdoor training,

#### **Indoor Training:-**

The Timings of Indoor classes are from 10.30 A.M. to 3.30 P.M. In indoor training the trainees are imparted training about Law, Office Procedure, Rules and Regulations, noting drafting and also to make them well versed in CCS (Rules), General Financial Rules, Fundamental Rules, Supplementary Rules, Leave Rules, Pension Rules as well other relevant rules relating to office working. The details of Indoor subjects are as under:-

Paper	Subject				
I	General Law and Delhi Police Acts & Rules				
II	Major Office Rules including Acctts, GFR and PPR etc.				
III	Minor office Rules and PPR				
IV	Office Procedure, Practical Work and General Matters				
V	Knowledge of Computer and its Operation				
VI	Practical test in Typing				

## Outdoor Training:-

In outdoor training the trainees are trained regarding the discipline, and they are made physically fit to increase their endurance, perform drill, handling of anti-riot equipment and procedure to handle unlawful assembly. They are also trained in handling of long range/short range fire arms. The detail of their Outdoor training is as under:-

Paper	Subject			
1.	Physical fitness stamina building and strengthening of arms, by warming exercises pushups, pull-ups, sit ups, shuttle race and rope climbing			
2.	Drill			
3.	Musketry & Firing			
4.	Crowd Control			
5.	Traffic Control			
6.	First Aid			
7.	Yoga, Games and UAC			

#### **COMMENDATION CERTIFICATES:**

The HC (Ministerial) trainees awarded Commendation certificates on the basis of their performance in final examination in the following fields:

1	All Round best			C.C. with a cash reward of Rs. 3000/-
2	First in law			C.C. with a cash reward of Rs. 2000/-
3	First in outdoor			C.C. with a cash reward of Rs. 2000/-
4	First	in	computer	C.C. with a cash reward of Rs. 2000/-
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